



The Life-changing benefits of Shedding Pounds in Diabetes^{2,3,4,5,6,7}

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Dear Doctor,
Weight loss is vital for PwDs, akin to cutting sugar. It ensures health, shields from CVDs, and boosts life by 4 years.

Life expectancy increment by
~ 4 years*¹

Reducing
BMI below



Not a real patient. The images of person depicted are for illustration purposes only
PwD = People with Diabetes | CVD: Cardiovascular disease | BMI: Body Mass Index
Reference: *3.9 years 1. Kianmehr H et al. JAMA Netw Open. 2022 Apr 1;5(4):e22770.
2. Wing et al. Diabetes Care 2011 Jul;34(7):1481-6. 3. Garvey WT et al. Endocr Pract 2016;22(Suppl. 3):1-203.
4. Lean ME et al. Lancet 2018;391:541-51. 5. Benraoune et al.. Curr Opin Cardiol 2011;26:555-61.
6. Sundström J et al. Circulation 2017;135:1577-85. 7. Carbone S. Prog Cardiovasc Dis. 2019 Jul-Aug;62(4):327-333.